

Free Workshop

Preventing Power Struggles over Food with Your Child

Presented by: Jill Weinstein, LPC &
Julie Brake, RD

Wednesday, Dec. 7th, 2011
At 5:00pm
Children's Wellness Center, LLC
Ste. 150

Workshop topic includes:

- Learn healthy techniques to prevent power struggles over food.
 - Help your child develop a healthy relationship with food.
 - How to deal with the picky/finicky eater.

