

## **Additional Resources for COVID-19**

The first step toward battling COVID-19 as a collective community is for each of us to educate ourselves about the virus. To be sure you are getting accurate and thorough information, use the following reliable sources:

### **Centers for Disease Control**

As the centralized organization in the US for studying diseases, the CDC specializes in unique illnesses like COVID-19. Review the [CDC COVID-19 page](#) for essential information about the state of the pandemic in the US and how to protect your family. To help you prevent the spread of the virus, the CDC offers [household disinfecting instructions](#) as well as [hand-washing instructions](#) to protect your family. The CDC also provides [quarantine guidelines](#) about who should quarantine and for how long.

### **American Academy of Pediatrics**

The American Academy of Pediatrics is the country's foremost expert on children's health. The organization is made up of world-renowned pediatricians who have your child's best interests at heart. Find out more in the numerous [COVID-19 articles from the AAP](#).

### **Georgia Department of Public Health**

COVID-19 has presented different challenges and experiences in each state throughout the US and around the world. For up-to-date local information about the virus in Georgia, you can find resources on the [Georgia Department of Public Health website](#). This site also offers a directory of [COVID-19 testing sites](#) throughout the state.

### **Children's Healthcare of Atlanta**

Children's Healthcare of Atlanta (CHOA) is a possible option for COVID-19 testing for kids. COVID testing at CHOA must be ordered by your pediatrician. For more information about testing for kids, review the [Children's Healthcare of Atlanta COVID-19 testing guide](#). However, if your child doesn't meet their criteria or if their availability is limited, CHOA can also refer you to a variety of [alternative testing sites](#) in the area.

### **COVID-19 Symptom Information**

One of the challenges of COVID-19 is that it has similar symptoms to the flu, the common cold, and even allergies. Knowing the difference can help you get treatment for yourself or your child sooner while protecting the rest of your family and the community. Learn more with this [COVID-19 symptom chart](#) which compares the virus to other common illnesses.

### **Exposure and Prevention Information**

To minimize your risks and to know when you need to quarantine, it is critical to understand which types of exposure are the riskiest. Learn more with this rundown of the various [types of exposure](#).

To reduce your exposure, review this [article about social distancing](#) as well to learn more about how and when to distance from others. In situations when social distancing may not be possible, masks provide extra protection. The American Academy of Pediatrics also offers valuable information about [cloth masks for kids](#). The *New York Times* also outlines the various [types of preventative masks](#) and how to make each one as effective as possible. Review this guide to [how to use masks correctly](#) as well.

### **School Information**

Every parent faces choices about whether it is safe to send their kids to child care and other facilities, and you may have a choice about whether to send your child to school as well. For guidance, find out how [illness experts](#) are making their decisions for their families. The American Academy of Pediatrics has also provided their [guidance for going back to school](#). To find the CDC's most recent recommendations, review the [CDC COVID-19 guidelines](#).